

Where do we rank?

Florida Ranked 12th Healthiest Weight in Nation

Healthiest Weight Florida was launched in Jan. 2013 by the Florida Department of Health in response to Florida's number one threat to public health – the challenge of weight. The initiative is gaining momentum and Florida now has the 12th healthiest weight in the nation, up from a previous rank of 19th.

The Healthiest Weight Florida initiative focuses on collaboration across state agencies, local not-for-profits, private organizations and others to help people make more informed choices about healthy nutrition and physical activity.



this issue

Program Spotlight **P.2**

Outreach Events **P.3**

TOP **P.5**

DOH - Seminole in the News **P.6**

Our Values and You **P.7**

Message from Dr. Jett

Greetings! I want to thank everyone for their recent efforts within the CHD as well as in the community. We have an excellent opportunity to strengthen community partnerships by participating in more outreach events.

I consider everyone with DOH - Seminole to be a leader. Leaders push boundaries. People are trained to follow rules from the time they are kids. Stand in line. Do your homework. Put your hand up to ask a question. Most rules are good because they keep us from living in chaos. And most processes are governed by rules. You drop a brick from a second-story window, and you know it's going to fall to the ground. You forget to place the order for office supplies, and you run out of the staples. It's simple cause and effect.

Managers often rely on rules to make sure the processes they oversee stay on track. In fact, self-management, is basically having the discipline to follow through with the rules you set for yourself. But to move beyond management, you have to learn to think outside the box.

Leaders push boundaries. They desire to find a better way. They want to make improvements. They like to see progress. All these things mean making changes, retiring old rules, inventing new procedures. Leaders are constantly asking, "Why do we do it this way?" and saying, "Let's try this." Leaders want to take new territory, and that means crossing boundaries.

Leaders don't have to be in supervisory positions. They can come from anywhere within the organization. Do you consider yourself a leader?

Health Officer
Florida Department of
Health in Seminole County





Program Spotlight

Environmental Health is core public health. They are the branch of public health that is concerned with both the natural and built environments. Their emphasis is on environmental factors that affect human health. Our environmental health division's priorities are safe facilities, safe water, safe sewage disposal and healthy places. The Florida Division of Environmental Health is nationally recognized as a leader in the Environmental Health industry.

Environmental Health has modern day roots in the sanitary and public health movement of the United Kingdom and is epitomized by Sir Edwin Chadwick, who founded the Association of Public Sanitary Inspectors in 1884.

Our environmental health division's concerns include body art safety, including tattooing, body piercing and permanent cosmetics. They also address climate change and its effects on health, disaster preparedness, food safety, lead poisoning prevention, land use planning including smart growth, medical waste management and disposal, recreational water illness prevention, and safe drinking water.

The Florida Department of Health in Seminole County's Environmental Health division is uniquely positioned to monitor the public health consequences of climate change. Climate change can impact sea level, cause extreme weather events and vector borne diseases. They work closely with Mosquito Control to monitor arboviruses, and provide support to the arbovirus surveillance program (sentinel flocks). EH also has a representative on the Seminole County Mosquito Control Advisory Board and supply information to our Epidemiology Department regarding positive sentinel flock results.



ENVIRONMENTALhealth

Environmental Health provides information on residential pools that are unmaintained and breeding mosquitoes to mosquito control via nuisance complaints received.

Our EH division has been recognized for its PACE-EH program, also known as the Protocol for Assessing Community Excellence in Environmental Health. We have been successful in making improvements with our PACE community in Oviedo. An example of the kind of work PACE does is below.



Sewage was running into the ditch (above), which was addressed by our septic department. The ditch was always wet due to the drain area being too high, which was addressed. To the right is a photo of the ditch after PACE was involved. It is now a dry ditch.



Environmental Health in Seminole County regulates almost 600 public swimming pools, more than 170 food service facilities, more than 200 group care facilities, 700 medical establishments for biomedical waste, 32 tanning shops, almost 50 body piercers and tattoo establishments and artists, almost 50 limited use wells and more than 20 mobile home parks.

Environmental Health professionals must be program certified and several of our staff hold Registered Sanitarian or Registered Environmental Health Professional certifications.



Outreach Events

The Westside Community Center Resource Fair “National Night Out” August 6, 2013



5th Annual Back to School Expo at the Seminole Towne Mall on August 3, 2013

SWAT educating our community about tobacco facts, the SWAT mission and collecting signatures to ban flavored tobacco in Seminole County.



Items of Note



1. All items for public view must be approved by our PIOs routed through Administration.
2. All items with a co-logo must be approved by Tallahassee Dept. of Communications.
3. All items with Dr. Jett's name on it must be approved by Dr. Jett.



Medicaid Managed Care vs. Affordable Care Act Q&A

Q: Is Medicaid Managed Care part of the Affordable Care Act (ACA)?

R: No, they are two different things.

Q: The State legislative branch created an initiative to expand Medicaid Managed Care about 5-6 years ago. Is it ready to be expanded?

R: Florida did a pilot of expanded Medicaid managed care around nine years ago that targeted five counties. Two sessions ago the Legislature passed legislation to expand Medicaid managed care statewide. After negotiations with federal CMS the feds gave their official approval just a couple months ago.

Q: The ACA is trying to expand Medicaid dollars which the legislative branch has rejected as of right now. Correct?

R: Yes, ACA envisioned that everyone under 138% of the poverty level would be eligible for Medicaid. The Supreme Court said the Medicaid expansion was optional. Both the Florida House and Senate rejected Medicaid expansion, however, the Senate wanted to take the federal money and do a similar expansion through private insurance; the House did not want to take federal money at all. No agreement was reached so nothing happened and no expansion will take place, at least in 2013-14.

To be eligible for the exchange people must have an income between 100% and 400% of the FPL. Anyone below 100% is not eligible to participate in the exchange. The ACA legislation did not anticipate the Medicaid expansion being ruled optional therefore no other provision exists for very low income individuals.



The Core Public Health Functions Steering Committee developed the framework for the Essential Services in 1994. This steering committee included representatives from US Public Health Service agencies and other major public health organizations. The Ten Essential Public Health Services describe the public health activities that should be undertaken in all communities and provide a working definition of public health and a guiding framework for the responsibilities of local public health systems.

Ten essential public health services

- Monitor health status to identify and solve community health problems
- Diagnose and investigate health problems and health hazards in the community.
- Inform, educate, and empower people about health issues
- Mobilize community partnerships and action to identify and solve health problems
- Develop policies and plans that support individual and community health efforts
- Enforce laws and regulations that protect health and ensure safety
- Link people to needed personal health services and assure the provision of health care when otherwise unavailable
- Assure competent public and personal health care workforce



August Birthdays

Wanda Martinez - Aug 3

Allika Alce - Aug 9

Jason Mesick - Aug 9

Tasheema Grimes - Aug 10

Bertie Barber - Aug 11

Naomi Jones - Aug 12

Herronda Mortimer - Aug 15

Vicky Lozado - Aug 16

Patrice Boon - Aug 17

Barbara Lee - Aug 20

Anne Symecko - Aug 21

**We wish you
many happy
returns!**

Teenage Outreach Program

Sherene Samuels and LaMiriam Johnson successfully completed the Teen Outreach Program (TOP) Annual Recertification Training in Navarre, Florida (June 24th thru June 27th). The training provides an opportunity for TOP facilitators from around the state to meet and share best practices, discuss teen pregnancy prevention education trends, keep up to date with youth facilitation skills and review program updates. TOP, a positive youth development program, is currently being offered in 24 counties across the state. (Picture below)

Also, LaMiriam Johnson and Gigi Rivadeneyra were extended an invitation to attend the Sexual Risk Avoidance Certification Training (SARC) July 22-23rd. Abstinence-centered education promotes primary prevention and teaches vital life skills that empower teens to avoid all risk by choosing abstinence. Such skills include: identifying healthy (and unhealthy) relationships; accurately understanding STDs and contraception; setting goals; healthy decision-making; and character building. Following successful completion of pre-course work and in classroom training, participants will be SARC certified. The training is offered by the National Abstinence Education Association through the Office of Child and Adolescent Health at the state office.



DOH - Seminole has been in the news quite a bit in the last month.
Below are some of the articles that appeared featuring us.

Two Local Health Officers Elected To Esteemed National Public Health Association

ORLANDO – The leaders of the Florida Department of Health in Seminole and Orange counties have been elected to top positions with the National Association of County and City Health Officials (NACCHO). Swannie Jett, Dr.PH, MSc, Health Officer for the Department of Health in Seminole County is the newly-elected Vice President of NACCHO and Kevin M. Sherin, MD, MPH, MBA, Health Officer for the Department of Health in Orange County has been re-elected to the NACCHO board.

Dr. Jett serves as Health Officer for 450,000 residents in Seminole County. Dr. Sherin

serves as Health Officer for 1.2 million residents and 55 million visitors each year in Orange County. Both are leading community initiatives to strengthen the health department infrastructure by improving funding streams, workforce competencies, and creating partnerships to improve population health outcomes.

Dr. Jett is a Captain in the Air Force National Guard and in 2011 completed the National Public Health Leadership Institute and NACCHO's Survive and Thrive. Dr. Jett is passionate about addressing the issues of environmental justice, climate change and health equity. After



Dr. Swannie Jett,



Dr. Kevin M. Sherin

“These two dedicated public health leaders will commence their official responsibilities on July 1, 2013.

graduating from Tennessee State University with a BS in Agricultural Statistics as well as a MS in Bio-Systems Engineering from the University of Tennessee, Jett received a Doctorate in Public Health with emphasis in Preventive Medicine from the University of Kentucky.

Dr. Sherin completed CDC's public health leadership institute, served the Illinois Board of Health, was board chair of the Florida Public Health Institute, President of the American Association of Public Health Physicians (AAPHP), and Orange County Medical Society. He is the current AMA delegate to for AAPHP.

He holds a BA from Notre Dame, MD from Loyola Medical School, MPH from the College Of Public Health at UIC, and MBA from the University of Massachusetts. His top priorities are the State Surgeon General's Healthiest Weight initiative, public health accreditation, and health equity.

These two dedicated public health leaders will commence their official responsibilities on July 1, 2013. To learn more about both health departments and the public health services they provide, go to <http://www.seminolecohealth.com>, and www.orchd.com.



DOH – Seminole Working To Change African-American Infant Mortality Rate

SANFORD - The Florida Department of Health in Seminole County is increasing its efforts to improve the infant mortality rate in African-American babies. While statewide data last month revealed a decrease in 2012 infant mortality rates from 6.4 in 2011 to 6.0 in 2012 per 1,000 live births in Florida, the African-American rate in Seminole County is at an alarming 17.1 per 1,000 live births followed by the Hispanic population recorded at 6.4 per 1,000.

Social and economic disparities continue to widen the health gradient in our community. The DOH in Seminole County will address these prevalent issues through a multifaceted approach. The DOH's four strategies for reducing infant mortality are: emphasize the importance of eating healthy while pregnant; promote prenatal care in the first trimester; promote safe sleep environments; and address the social determinants of health to improve the quality of life for newborns.

Florida's Healthy Start program is designed to improve maternal and infant health outcomes by providing universal risk screening of all of Florida's pregnant women and newborn infants to identify those at risk of poor birth, health, and developmental outcomes. Local Healthy Start Coalitions mobilize community action, coordinate risk-appropriate services and referrals for pregnant women and infants at risk for poor health outcomes.

“One infant death is one too many in this community especially when these are preventable deaths”, said Dr. Swannie Jett, Health Officer of the Department of Health in Seminole County. “Seminole County has great partnerships on many health related issues”. “This is another opportunity for us to take a holistic approach to health by developing a greater understanding of the impact of our living environments and work environments to improve the lives of mothers and newborns”. Everyone should be afforded the opportunity to have a healthy, beautiful baby”, said Dr. Jett.

There are several other risk factors that can contribute to infant mortality including: late prenatal care, being overweight, smoking, substance abuse, poor nutrition, domestic violence, pre-term labor, and Sudden Infant Death Syndrome (SIDS).

The 2012 Vital Statistics birth and death statistics are published on the Florida CHARTS web site at <http://www.floridacharts.com/charts/DataViewer/InfantDeathViewer.aspx?indNumber=0053>.

Important Changes With SUMMER BACK-TO-SCHOOL Immunizations

ORLANDO – The Florida Department of Health in Orange and Seminole Counties want parents to know there are important changes with immunizations this summer and to start scheduling vaccination updates for children now for the upcoming school year.

Only families without any type of insurance should go to local county health departments for vaccines. Children with private insurance, assigned to a medical home or HMO provider, will need to go to their doctor for immunizations as the health department is a safety net for those in need who do not have health care coverage or are underinsured. Families, who do not have a medical home, can refer to the link below for a list of children's medical providers.

“You can protect your children from vaccine preventable diseases all year round. Parents can see every encounter such as annual physicals, interim check-ups or sports physicals as an opportunity to provide their children with any missing vaccines.”, said Dr. Kevin M. Sherin, Director of the Florida Department of Health in Orange County.

“Avoid the lines and go directly to your primary care provider. The health department will be verifying through electronic systems the need for service and referring people back to their provider if they have one,” said Dr. Swannie Jett, Health Officer for the Department of Health in Seminole County.

The Florida Department of Health in Orange County provides back-to-school immunizations Monday through Friday from 7:30am to 2:00pm at its Central Office located at 832 West Central Boulevard.

In Seminole County, immunizations are provided at the health department's Sanford location at 400 West Airport Boulevard, Sanford, Florida, 32773. Hours of operation are Monday, Tuesday, Wednesday, and Friday from 8:00am to 4:00pm and Thursday 8:00am to 11:30am.

Due to the high demand for immunizations, services are provided on a first come, first served, walk-in basis. Children must be

accompanied by an adult family member or legal guardian to receive immunizations. If not, a notarized permission form, signed by the parent or legal guardian, must be presented before services are rendered. A copy of each child's immunization record and government-issued, valid photo identification of the adult relative or legal guardian are required.

A certified DH 680 immunization form is required for school entry and is provided free once vaccinations are received. If a client only needs a DH 680 form, there is an administrative fee. You can also obtain this form at your child's doctor's office and the health departments' immunization clinics or medical records departments if your child is already up-to-date on their immunizations.

For more information on childhood immunizations, visit our websites at www.orchd.com and www.seminolecohealth.com. For the Resource List of Children's Medical Providers visit <http://orchd.com/personalHealth/immunizations/childhood/documents/listofproviders.pdf>

In 2012, Surgeon General John Armstrong asked the Performance Management Advisory Council to come up with a DOH mission, vision, and values that would reflect who we are and what we do. These values were crafted to keep us on track and focused on how we serve our communities and how we interact with each other. That being said, values are only words until they are put into practice. As an ongoing feature of our newsletters, we're asking our staff to tell us what these values mean to them.



For this newsletter, we've asked Susan Thomason, our latest Employee of the Quarter, what the Florida Department of Health Mission, Vision, and Values mean to her:

"I believe we all have the same common goals to protect, promote and improve Health. We are here serving our Customers, Community, County and the State of Florida because we care. We can't do this properly if we don't have integrity, respect and a team that can solve problems, manage our resources wisely and work together with the same common goals. I also believe that we can all grow to be better people because we serve. Are you on our team?"

Mission:

To protect, promote & improve the health of all people in Florida through integrated state, county, & community efforts.

Vision:

To be the **Healthiest State** in the Nation

Values: (ICARE)

Innovation: We search for creative solutions and manage resources wisely.

Collaboration: We use teamwork to achieve common goals & solve problems.

Accountability: We perform with integrity & respect.

Responsiveness: We achieve our mission by serving our customers & engaging our partners.

Excellence: We promote quality outcomes through learning & continuous performance improvement.

**Providing
you healthcare at
one location**

Dental
Child Health
Hepatitis
Family Planning
Healthy Start
Immunizations
Prenatal Care
Public Health Preparedness
STD /HIV
Tobacco Prevention
WIC

The Florida Department of Health in Seminole County
Located at 400 W. Airport Blvd. • Sanford, FL 32773
(407) 665-3000
www.seminolecohealth.com

Compiled and edited by Pranav Mehta. If you have any comments and/or suggestions please feel free to send them along. This newsletter reflects us as an organization and needs everyone's contribution. Thank you all for your time and effort. Email: Pranav_Mehta@doh.state.fl.us